

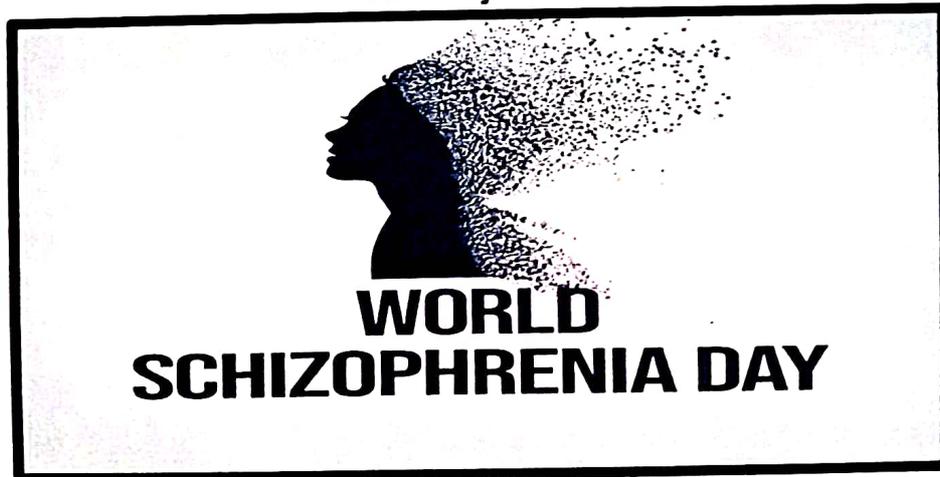


**SANDRA SHROFF COLLEGE OF
NURSING, VAPI**

**REPORT ON
WORLD SCHIZOPHRENIA DAY 2025**

**Organized by
Mental Health Nursing Department**

**On
23rd May 2025**



Aparna
26/5/25

REPORT ON “WORLD SCHIZOPHRENIA DAY”,

23rd MAY 2025

Introduction

Department of Mental Health Nursing, Sandra shroff College of Nursing, Vapi Organized community awareness programme on the occasion of “WORLD SCHIZOPHRENIA DAY” on 23rd May, 2025 at Primary Health Center, Chhiri under the guidance of Dr. Anita Nawale, Incharge Principal of S.S.C.N, Vapi. This day plays a crucial role in educating the public, reducing stigma and promoting empathy and understanding towards individuals living with schizophrenia. It highlights the importance of accessible, integrated mental health services that provide holistic care of individuals with schizophrenia.

Importance of World Schizophrenia Day

- Raising awareness
- Combating stigma
- Promoting access to care

Theme

The theme of the World Schizophrenia Day 2025 was “**HEALTHY BEGINNINGS, HOPEFUL FUTURES**”

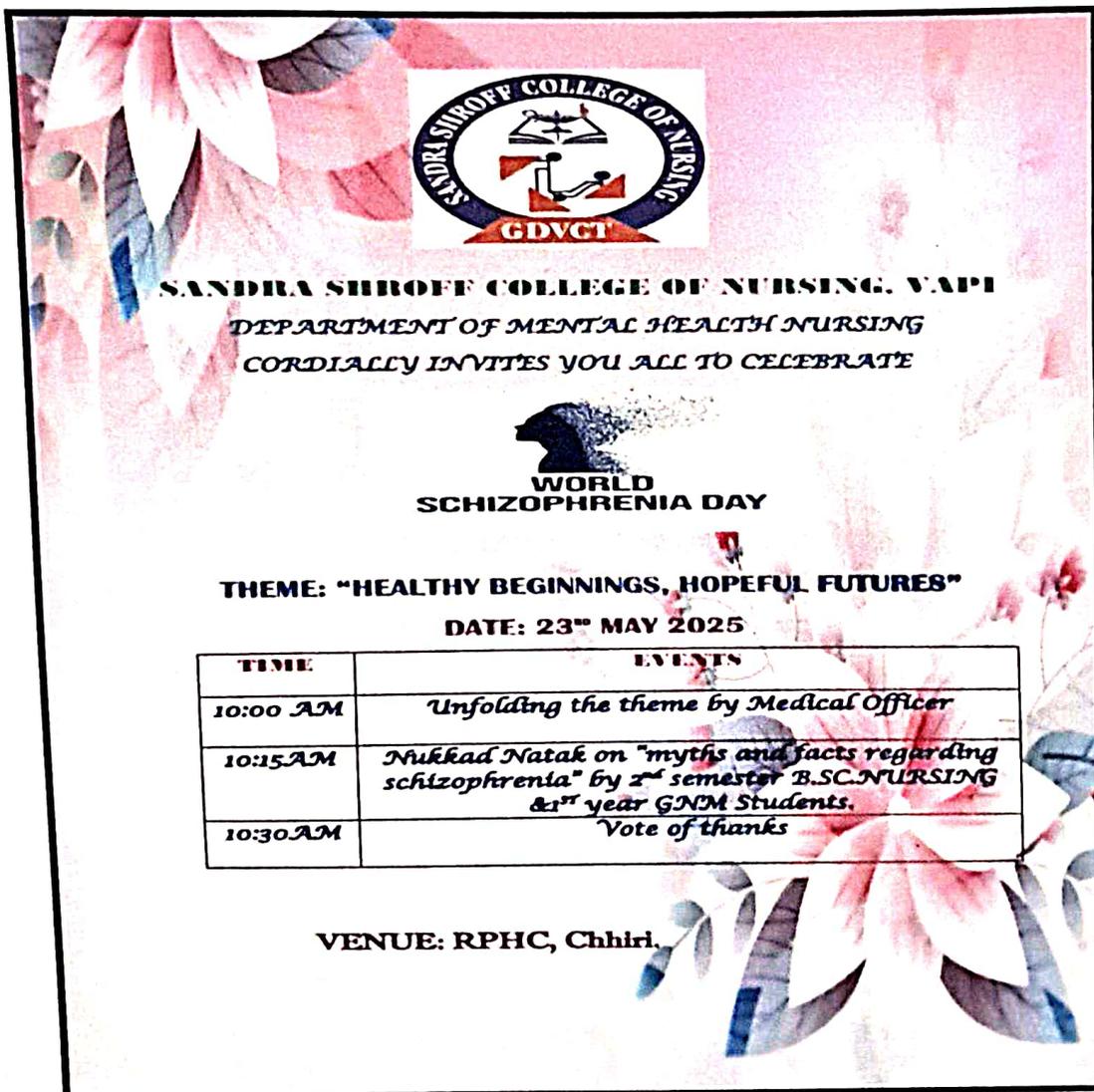
Incidence

According to World Health Organization latest estimates in 2024, Schizophrenia affects approximately 24 million people worldwide, which equates to about 1 in 300 people worldwide. This rate is 1 in 222 people (0.45%) among adults. It is not as common as many other mental disorders. The prevalence of schizophrenia has remained relatively stable in recent years. Despite its relatively

low prevalence, schizophrenia imposes a significant burden on individuals & health care systems.

Programme Activities of World Schizophrenia Day

Department of Mental Health Nursing along with 1ST year GNM & 1ST year (IIND semester) B.Sc. Nursing students of Sandra Shroff College of Nursing, Vapi organized community awareness program on the occasion of “*World Schizophrenia Day*” on 23rd May, 2025.



SANDRA SHROFF COLLEGE OF NURSING, VAPI
DEPARTMENT OF MENTAL HEALTH NURSING
CORDIALLY INVITES YOU ALL TO CELEBRATE

WORLD SCHIZOPHRENIA DAY

THEME: "HEALTHY BEGINNINGS, HOPEFUL FUTURES"
DATE: 23rd MAY 2025

TIME	EVENTS
10:00 AM	Unfolding the theme by Medical Officer
10:15 AM	Nukkad Natak on "myths and facts regarding schizophrenia" by 2 nd semester B.SC.NURSING & 1 st year GNM Students.
10:30 AM	Vote of thanks

VENUE: RPHC, Chhiri.

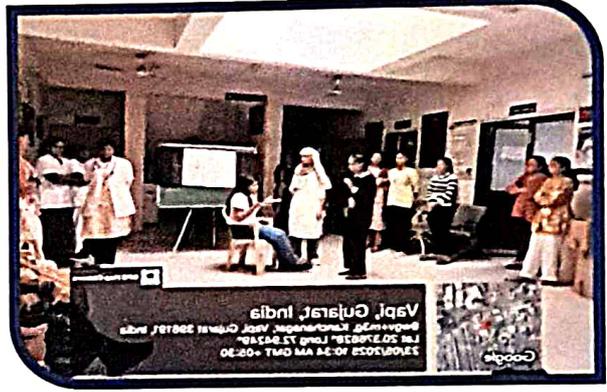
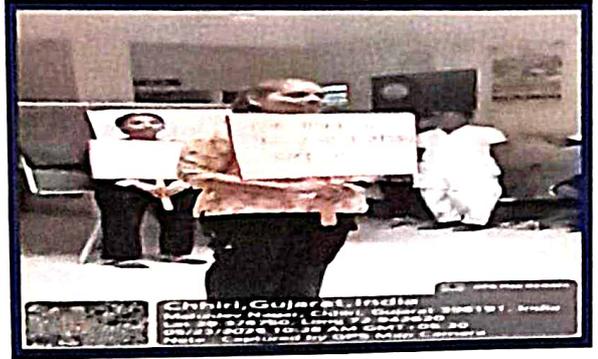
Occasion was held at **Chhiri PHC** On **23/05/2025** at **10am**. The programme was started with word of prayer songs by our students. The theme opening was revealed by **Dr. Komal**, AYUSH Medical Officer of Chhiri PHC. The theme of the World Schizophrenia Day 2025 was **"HEALTHY BEGINNINGS, HOPEFUL FUTURES"**

Ms. Yogita, 1st Year GNM Student has explained what is schizophrenia and pre -disposing factors of schizophrenia. **Dr. Komal**, AYUSH Medical Officer of PHC Chhiri, she explained clearly about the schizophrenia positive & negative symptoms. How to manage the symptoms and treatment modalities available. community raised some question about the symptoms; it was very informative to the public.

Our **1st year GNM & 2ND Semester B.sc Nursing** students performed **NUKKAD NATAK** on **"Myths and Facts about the schizophrenia"**. Students dramatically explained about the Symptoms, counselling and psychiatric services, Myths and Facts. **NUKKAD NATAK** was very helpful for the community to understand about the schizophrenia they concluded about myths and fact on schizophrenia.

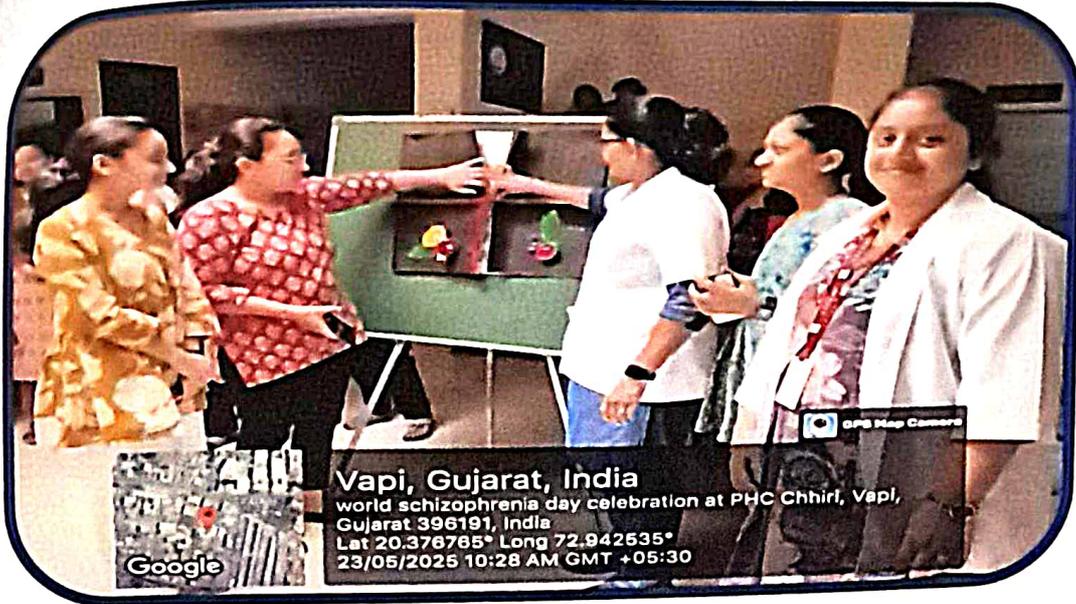
At last, vote of thanks was delivered by **Ms. Sufi**, Student of **2nd semester B.Sc. Nursing**. Thanked everyone who made this event successful.

EVENT PHOTOS

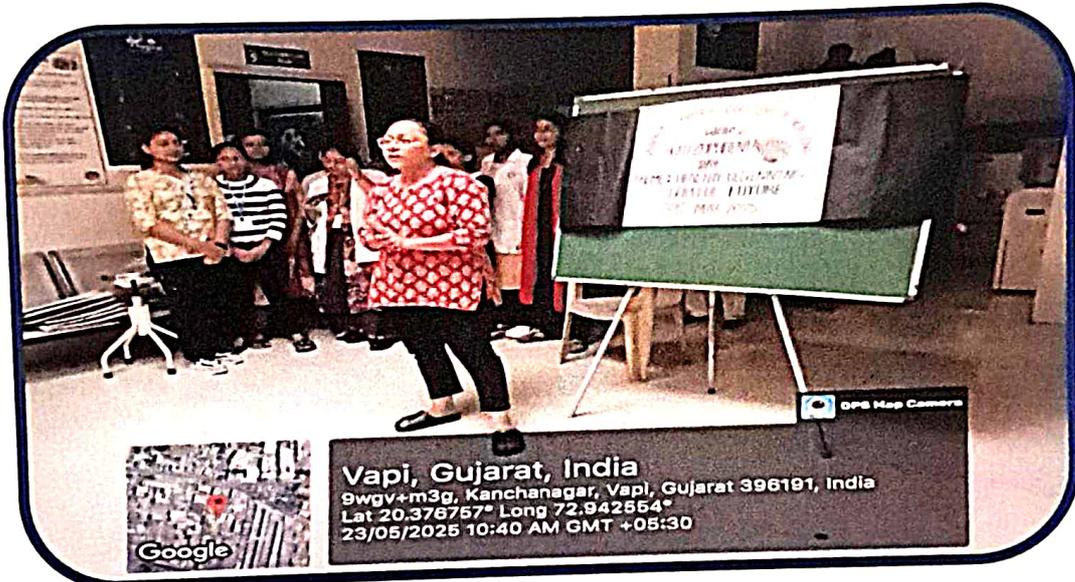


EVENT PHOTOS





Vapi, Gujarat, India
 world schizophrenia day celebration at PHC Chhirl, Vapi,
 Gujarat 396191, India
 Lat 20.376765° Long 72.942535°
 23/05/2025 10:28 AM GMT +05:30



Vapi, Gujarat, India
 9wgv+m3g, Kanchanagar, Vapi, Gujarat 396191, India
 Lat 20.376757° Long 72.942554°
 23/05/2025 10:40 AM GMT +05:30



Chhirl, Gujarat, India
 Lat 20.381707, Long 72.942521
 05/23/2025 10:44 AM GMT+05:30
 Note : Captured by GPS Map Camera



SANDRA SHROFF COLLEGE OF NURSING, VAPI



REPORT ON INTERNATIONAL YOGA DAY 2025

SUBMITTED BY

NATIONAL SERVICE SCHEME TEAM

SSCN, VAPI

Aparna
21/6/25

SIGNATURE OF INCHARGE PRINCIPAL

SANDRA SHROFF COLLEGE OF NURSING, VAPI

IN CHARGE PRINCIPAL



INTERNATIONAL YOGA DAY 2025

Date of Event: 21st June 2025

Venue: Sandra Shroff College of Nursing, Vapi & Pardi Rural Area

Occasion: International Yoga Day (Yog Sangam)

Participants: 97 NSS Volunteers from 2nd semester, 4th semester, 5th Semester, 7th Semester B.Sc. Nursing, Teaching and Non-Teaching Staff of SSCN

INTRODUCTION

International Yoga Day is celebrated every year on 21st June to raise awareness about the many benefits of practicing yoga. In line with this global initiative, Sandra Shroff College of Nursing (S.S.C.N.), Vapi, organized various events and activities to mark the occasion with enthusiasm and active participation from NSS Volunteers and faculty members. The aim was to promote physical and mental well-being through the ancient practice of yoga.

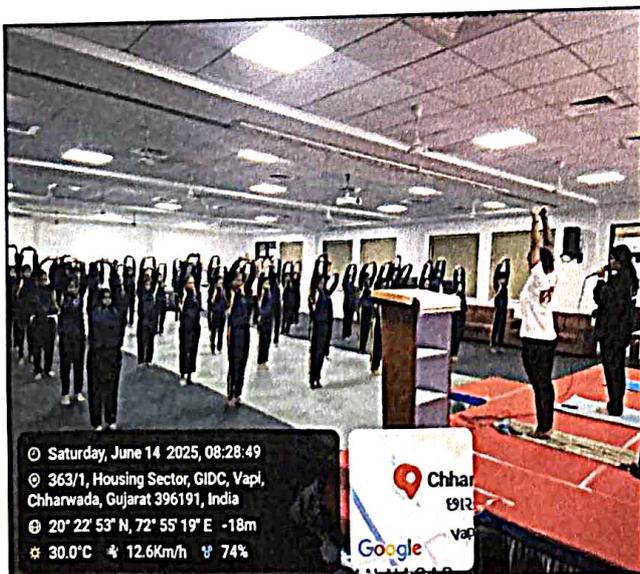
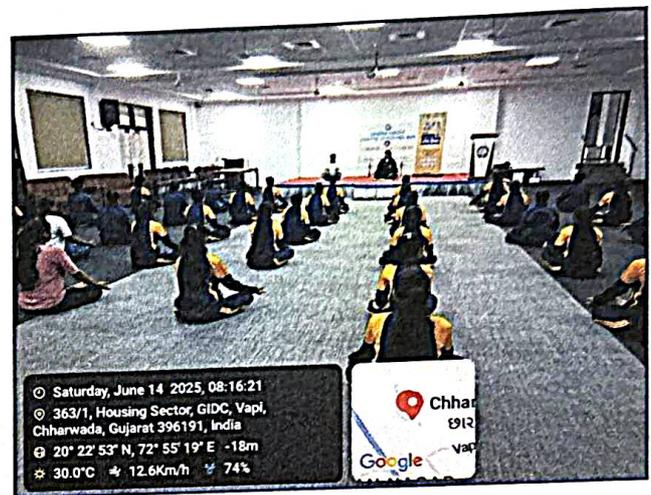
FLYER OF THE DAY

The flyer is a rectangular graphic with a pink and purple gradient background. At the top, there are three circular logos: the first is for GDVCI (Gandhi Dharma Vaidika College of Nursing), the second is for Pardi Rural Area, and the third is for International Service Society. Below the logos, the text reads: "SANDRA SHROFF COLLEGE OF NURSING, VAPI CELEBRATES YOGA SANGAM - 2025 11th International YOGA Day". The word "YOGA" is in large, bold, black letters, with a silhouette of a person in a yoga pose (Padmasana) integrated into the letter 'O'. To the right of "YOGA" is the word "Day" in a smaller font. Below this, a yellow banner contains the text "YOGA FOR ONE EARTH, ONE HEALTH". At the bottom, the date and time are listed: "On 21st June, 2025 Time: 06:30 AM", followed by the venue: "VENUE: MULTIPURPOSE HALL S.S.C.N, VAPI".

ACTIVITIES OF THE DAY

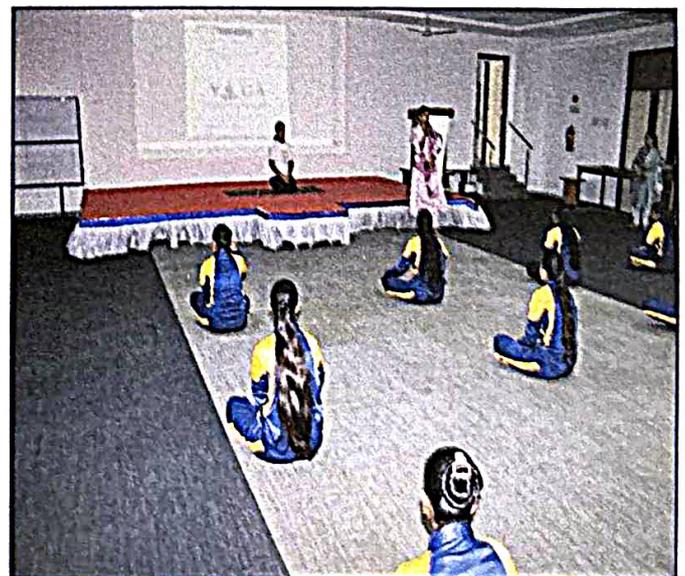
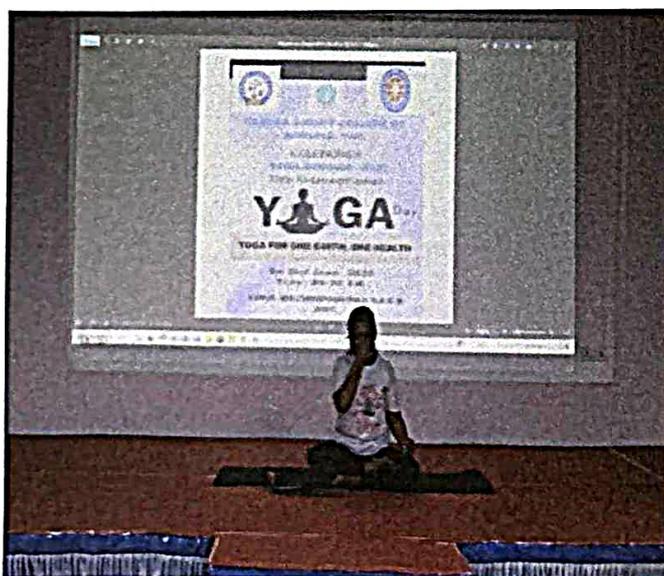
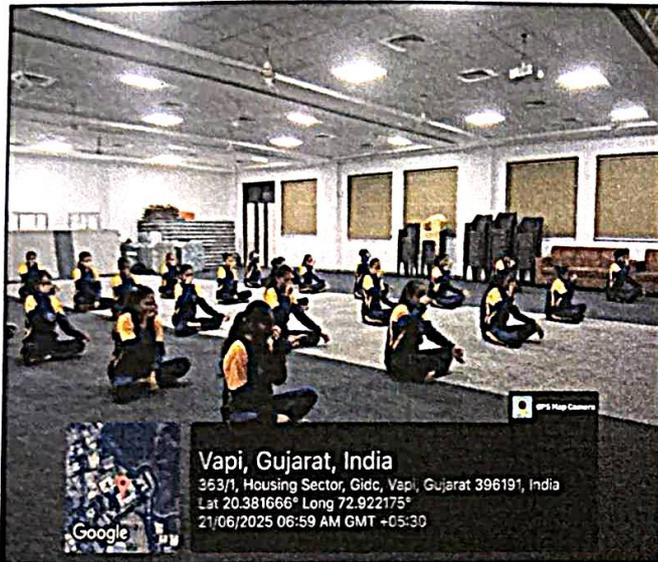
PRE-YOGA DAY ACTIVITY – YOGA PRACTICE SESSION

On 14th June 2025, a preparatory yoga practice session was conducted under the guidance of expert yoga trainer Ms. Pallavi at Sandra Shroff College of Nursing, Vapi. NSS Volunteers from the 2nd, 4th, and 5th semesters actively participated in the session. The practice focused on basic asanas, breathing techniques, and relaxation methods, which helped students prepare physically and mentally for the upcoming main celebration.



MAIN CELEBRATION – YOGA SANGAM

The main celebration, titled "Yoga Sangam", was held on 21st June 2025 at the college campus, starting from 6:30 AM onwards. The event commenced with a live telecast of Hon'ble Prime Minister Shri Narendra Modi's address, emphasizing the global importance of yoga. Following this, a guided yoga session was conducted by expert yoga trainer Mrs. Sheema, involving active participation from both students and faculty. The celebration also featured a motivational speech by Dr. Anita Nawale, Incharge Principal of S.S.C.N., who spoke about the significance of adopting yoga for overall well-being and a healthy lifestyle.

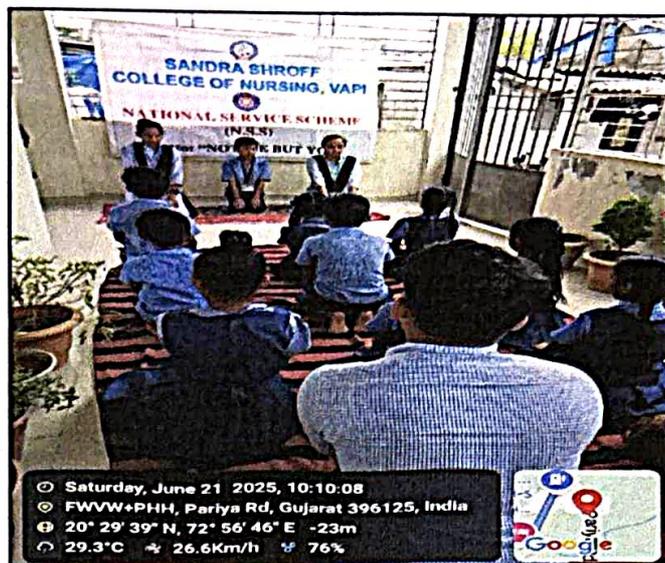
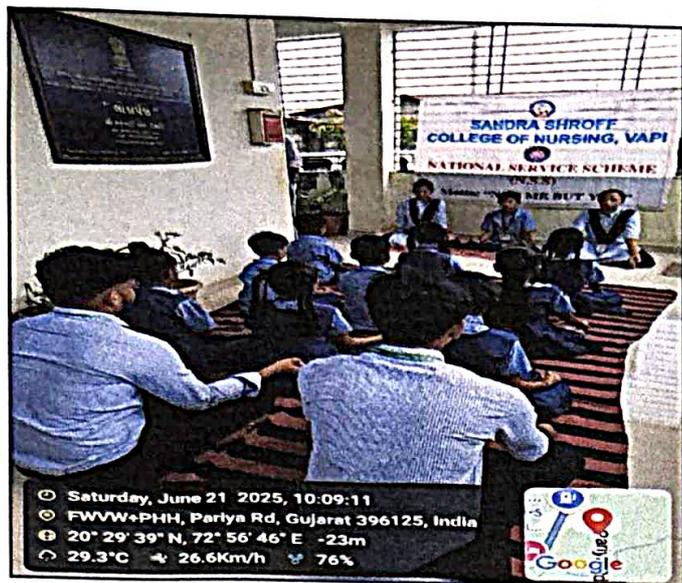




COMMUNITY OUTREACH ACTIVITY – RURAL YOGA CELEBRATION

In addition to on-campus celebrations, a community outreach program was conducted in the rural area of Pardi on 21st June 2025 in association with the Department of Community Health Nursing. As part of this initiative, a rally with slogans was organized to create awareness about the benefits of yoga among the local population. The outreach also included a yoga practice session with school children, aiming to cultivate healthy habits and a positive lifestyle through yoga from a young age.





CONCLUSION

The celebration of International Yoga Day 2025 at Sandra Shroff College of Nursing was a great success, marked by enthusiastic participation, meaningful activities, and community outreach. The event not only emphasized the physical benefits of yoga but also inspired students and the local community to embrace it as a way of life. With the continued efforts of the faculty and students, the spirit of yoga will remain alive and thriving in the institution and beyond.

THANK YOU



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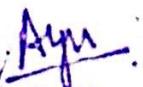
REPORT ON

WORLD SUICIDE PREVENTION DAY

Organized by
DEPARTMENT OF MENTAL HEALTH NURSING
SSCN, VAPI
& COUNCELLING CELL-SPARSH

DATE:10/09/2025

SIGNATURE OF INCHARGE PRINCIPAL


Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI





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CIRCULAR

Date: 10th September 2025

Subject: World Suicide Prevention Day – Awareness Activities

The Department of Mental Health Nursing, SSCN, Vapi is organizing a series of awareness activities to mark **World Suicide Prevention Day on 10th September 2025**. This day serves as a reminder of the importance of mental health, open communication, and support systems in preventing suicide and promoting emotional well-being.

Programme Name: World Suicide Prevention Day

Date: 10th September 2025

Time: 10:00 AM to 11:00 AM

Venue: Auditorium, Rajju Shroff ROFEL University, Vapi

Participants: First Year BBA Students and Faculty Members

Total Participants: 148

Programme Schedule & Activities:

1. Digital Theme Opening
2. Interactive Session: "Let's Talk, Let's Live – Together for Suicide Prevention"
3. Short Film: "Hope Begins with Conversation"
4. Group Activity – "Sitting on the Hot Seat"
5. Pledge on Suicide Prevention

Instructions for Participants:

- All First Year BBA students must report by 9:45 AM at the Seminar Hall.
- Attendance is mandatory and will be recorded.
- Participants are expected to maintain decorum and actively participate in all sessions.
- Faculty members are requested to accompany and guide the students during the programme.

Signature of HOD
Mrs. Divya Pancholi

Dr. Anita Nawale
I.C. Principal
S.S.C.N VAPI

Signature of Incharge Principal
Dr. Anita Nawale



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SANDRA SHROFF COLLEGE OF NURSING, VAPI

DEPARTMENT OF MENTAL HEALTH NURSING
& COUNSELLING CELL-SPARSH ORGANIZES
WORLD SUICIDE PREVENTION DAY 2025

Theme: "Changing the Narrative on Suicide"

DATE: 10/09/25

SCHEDULE OF EVENTS

SR NO.	TIME	EVENTS
1	10:00 to 10:10 am	Digital Theme Opening And Speech By Dr. Priyakant Ved Principal of BBA, BCA, B.com., BA & I/C Registrar of Rajju Shroff ROFEL University, Vapi
2	10:10 to 10:25 am	Interactive session on "Let's talk, Let's Live - Together for Suicide Prevention" Mrs. Swati Mistry, Assistant Professor, SSCN, Vapi
3	10:25 to 10:35 am	Short film on: "Hope begins with a conversation"
4	10:35 to 10:55 am	Group Activity on Sitting on the "HOT SEAT" By Mrs. Nirali Desai, Nursing Tutor & Mrs. Anju Gavit, Nursing Tutor
5	10:55 am to 11:00 am	Pledge on "Suicide Prevention"

TIME: 10 AM onwards

VENUE:

Auditorium, Rajju Shroff ROFEL University, Vapi



**MENTAL
HEALTH MATTERS**

Believe
in
yourself

Be kind
to yourself

You can
do this

*"No matter what happens, or how bad it seems today,
life does go on, and it will be better tomorrow."*





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Name of Activity organized: World Suicide Prevention Awareness Day

Title of the Activity: World Suicide Prevention Day

Date of the activity organized: 10/09/2025

Name of the Coordinator of activity: Mrs. Divya Pancholi (Associate Professor), Mrs. Swati Mistry (Assistant Professor), Mrs. Nirali Desai (Nursing Tutor), Mrs. Anju Gavit (Nursing Tutor)

Place of the Activity: Auditorium, Rajju Shroff ROFEL University Vapi

No. of participants: 148 students & Faculty Members

Name of the sponsored organization: Sandra Shroff College of Nursing, Vapi

Nature of sponsorship: Mental Health Nursing Departmental Activity

ACTIVITY REPORT

On the occasion of **World Suicide Prevention Day** held on **10th September 2025**, the Mental Health Department of Sandra shroff college of nursing, Vapi, organized a series of impactful activities at Auditorium, Rajju Shroff ROFEL University Vapi aimed at raising awareness and promoting mental well-being. The event commenced with the digital unveiling of the day's theme by Mrs. Tanvee Rana (Assistant Professor, BBA College, Vapi), who highlighted the importance of collective action and emotional support in suicide prevention.

This was followed by a compelling speech by Mrs. Mrs. Divya Pancholi (Associate Professor, SSCN, Vapi) on "**Changing the Narrative on Suicide.**" She emphasized the need to replace silence and stigma with compassion and understanding, encouraging early intervention and creating safe, supportive spaces for those facing mental health challenges.

This was followed by an interactive session titled "**Let's Talk, Let's Live – Together for Suicide Prevention**", conducted by Mrs. Swati Mistry (Assistant Professor, SSCN, Vapi), which encouraged participants to engage in open dialogue about mental health, break stigmas, and understand the importance of listening and empathy.

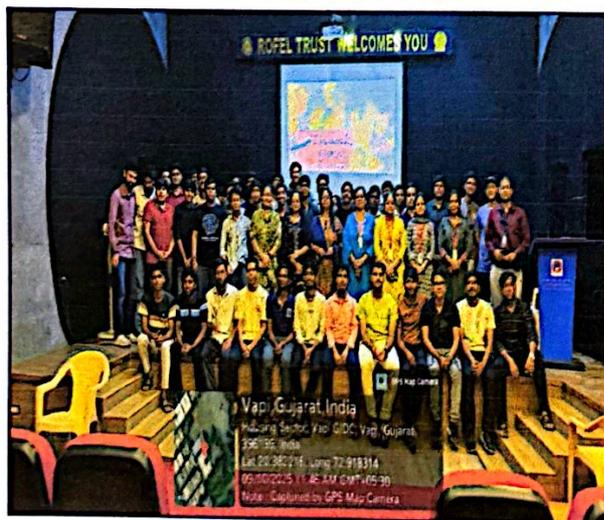
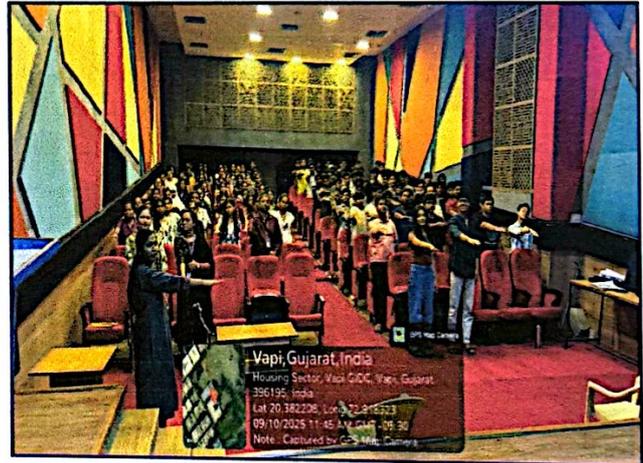
A thought-provoking short film, "**Hope Begins with Conversation,**" was screened to emphasize the importance of communication in preventing suicide.

A dynamic group activity, "**Sitting on the Hot Seat,**" further engaged participants in sharing perspectives and experiences. The event concluded with a collective pledge on suicide prevention, reinforcing the commitment to support one another. A total of 148 participants, including First Year BBA students and faculty members, took part in the event, contributing to a meaningful and compassionate atmosphere.



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Sandra Shroff College of Nursing Interactive Session on Suicide Prevention Attendance Sheet of Participants

Venue: Auditorium, Rajju Shroff ROFEL University, Vapi
 Course/Year BBA-25-26 First Year BBA Date: 10/09/2025

SR No.	Name of Participant	Course/Year	Signature
1	Aarushkar D Patel	2025-26	Aarushkar
2	Vivaan Y Patel	2025-26	Vivaan
3	Alok Yadav	2025-26	Alok
4	Kashap Mohit	2025-26	Mohit
5	Sahil Sahil Murgu	2025-26	Sahil
6	Singh Abhishek	2025-26	Abhishek
7	Parmar Rinkesh	2025-26	Rinkesh
8	Abu Muzaffar Khan	2025-26	Muzaffar
9	Bhawin S. Patel	2025-26	Bhawin
10	Abhishek B. Singh	2025-26	Abhi
11	Pantraj R Kumawat	2025-26	Pantraj
12	Teel Tachak	2025-26	Teel
13	Rashan Kukooliya	2025-26	Rashan
14	YASH Moha	2025-26	Yash
15	Avishk Bhavsan	2025-26	Avishk
16	Yash Jari	2025-26	Yash
17	Shyam Rajput	2025-26	Shyam
18	Priya Shree Bhatti	2025-26	Priya
19	Arun chundawat	2025-26	Arun
20	Bern Digh Rajpurohit	2025-26	Bern
21	Manish Mauria	2025-26	Manish
22	Daxesh Kevat	2025-26	Daxesh
23	Khan Shahbaz	2025-26	Shahbaz
24	Mann Patel	2025-26	Mann
25	Feril V Patel	2025-26	Feril
26	Shreem Yadav	2025-26	Shreem
27	Ansh Patel	2025-26	Ansh
28	Parm Rohit	2025-26	Parm
29	Tandel Mahil Suresh	2025-26	Tandel
30	Josh Nikhil Kumar S	2025-26	Josh
31	Shreikh Sumit V	2025-26	Sumit
32	Patel Harshikumar	2025-26	H. B. Patel
33	Kathekar Saagar	2025-26	Kathekar
34	Rohit Nikunj	2025-26	Rohit
35	Abhay Patel	2025-26	Abhay



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Sandra Shroff College of Nursing			
Interactive Session on Suicide Prevention			
Attendance Sheet of Participants			
Venue: Auditorium, Rajju Shroff RUFEL. University, Vapi		Date: 10/09/2025	
Course/Year = BBA 2025-26 (first year)			
SR No.	Name of Participant	Course/Year	Signature
36	Prathamesh Phalke	2025-26	Prathamesh
37	Smith Pal	2025-26	Smith
38	Thakore Keish	2025-26	Keish
39	Bhasad Sandeep	2025-26	Sandeep
40	Vatsal Gupta	2025-26	Vatsal
41	Darshat Harshank	2025-26	Darshat
42	Knishna Sharma	2025-26	Knishna
43	Satyam Mourger	2025-26	Satyam
44	Yash Mani	2025-26	Yash
45	Sumit Sani	2025-26	Sumit
46	Priyanka Hanyan	2025-26	Priyanka
47	Pravina Mohi	2025-26	Pravina
48	Brijendra Rao	2025-26	Brijendra
49	Rohan Dumas	2025-26	Rohan
50	Raj Raval	2025-26	R. M. Bar ..
51	Hitesh Bhanu Bhal	2025-26	Hitesh ..
52	Patel Brijesh	2025-26	Brijesh
53	Aman Singh	2025-26	Aman
54	Pradeep Bishnoi	2025-26	Pradeep
56	Dhruv Chaudhary	2025-26	Dhruv
57	Balkrishna Joshi	2025-26	Balkrishna
58	Anshu Yadav	2025-26	Anshu
59	Suroj Sharma	2025-26	Suroj
60	Kushal Dhumal	2025-26	Kushal
61	Naman Mahida	2025-26	Naman
62	Krunal Haldar	2025-26	Krunal
63	Kavya Vithalan	2025-26	Kavya
64	Krish Patel	2025-26	Krish
65	Raj Aryan Singh	2025-26	Raj Aryan
66	Aditya Jaiswal	2025-26	Aditya
67	Anish Parmar	2025-26	Anish
68	Yash Bhudekar	2025-26	Yash
69	Abhi. D. Patel	2025-26	Abhi. D
70	Upek. J. Patel	2025-26	Upek. J
71	Tanishq C. Parmar	2025-26	Tanishq



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Sandra Shroff College of Nursing			
Interactive Session on Suicide Prevention			
Attendance Sheet of Participants			
Venue: Auditorium, Rajju Shroff ROFEL college of Nursing			Date: 10/09/25
Course/Year BBA (1 st year) 2025-26			
SR No.	Name of Participant	Course/Year	Signature
72	Samara Khan	2025-26	Samara
73	Charmy Patel	2025-26	Charmy
74	Sejal Singh	2025-26	Sejal
75	Yukti Kumari	2025-26	Singh.Y.
76	PATEL KREPA	2025-26	Krepal
77	Mahak Dubey	2025-26	Mahak.D
78	Shreyan Gupta	2025-26	Shreyan
79	Rishi Singh	2025-26	Rishi
80	Sohal Singh	2025-26	Sohal
81	Neha Kamli	2025-26	Nkamli
82	Tonisha Yadav	2025-26	Tonisha
83	Mubarak Tiwari	2025-26	Mubarak
84	Aakanksha Mohite	2025-26	Akmohite
85	Shah Dhruvi	2025-26	Dhruvi
86	Yugeshwari Gajjar	2025-26	Gajjar
87	Kritika Chauhan	2025-26	Kritika
88	Namrata Das	2025-26	Namrata
89	Ananya Thakur	2025-26	Athakur
90	Danshel Patel	2025-26	Danshel
91	Patel Dhruvi	2025-26	D Patel
92	Shah Amrita	2025-26	Amrita
93	Kritika Chaudhary	2025-26	Kritika
94	Group Mahini	2025-26	Mahini
95	Smriti Jadhav	2025-26	Smriti
96	Vandana Jayi	2025-26	Vandana
97	Keshari hemalija	2025-26	Keshari
98	Khushi Singh	2025-26	Khushi
99	Minkshi Kumar	2025-26	Minkshi
100	Riya G. Singh	2025-26	Riya
101	Arvi Patel	2025-26	Arvi
102	Nisha Yadav	2025-26	Nisha Yadav
103	Tanisha Singh	2025-26	Tanisha
104	Dishita Vaidya	2025-26	Dishita
105	Naseem Khatun	2025-26	Naseem
106	Mahi Prajapati	2025-26	Mahi



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Sandra Shroff College of Nursing			
Interactive Session on Suicide Prevention			
Attendance Sheet of Participants			
Venue: Auditorium, Rajju Shroff ROFEL college, University, Vapi.			Date: 01/09/2025
Course/Year BBA-2025-26 (first year)			
SR No.	Name of Participant	Course/Year	Signature
107	Nishtha Singh	2025-26	[Signature]
108	Neha Chavan	2025-26	[Signature]
109	Sneha Singh	2025-26	[Signature]
110	Sghani Archana	2025-26	[Signature]
111	Singh sejal	2025-26	[Signature]
112	Shreya Arsha	2025-26	[Signature]
113	Devanshi Patel.	2025-26	[Signature]
114	Aryali Hantam	2025-26	[Signature]
115	Neevy Singh	2025-26	[Signature]
116	Divya Nao	2025-26	[Signature]
117	Akhil Lalani	2025-26	[Signature]
118	Disha Gajmer	2025-26	[Signature]
119	Ashika Jamanani	2025-26	[Signature]
120	Shamini Mani	2025-26	[Signature]
121	Patel Kirti	2025-26	[Signature]
122	Urmi Narresh	2025-26	[Signature]
123	Amisha Singh	2025-26	[Signature]
124	Mansi Shukla	2025-26	[Signature]
125	Cherem Kashish	2025-26	[Signature]
126	Pal Nidhi	2025-26	[Signature]
127	Nayse Charania	2025-26	[Signature]
128	Unhati Aranna	2025-26	[Signature]
129	Guhani D. Patel	2025-26	[Signature]
130	Patel Harry vijay	2025-26	[Signature]
131	Khushi Misty	2025-26	[Signature]
132	Patel Bhakti	2025-26	[Signature]
133	Sharma Priyanshi	2025-26	[Signature]
134	Patel. Vrushi	2025-26	[Signature]
135	Verma. Nandini. Vinod	2025-26	[Signature]
136	Diya Bherat Prajapati	2025-26	[Signature]
137	Anchal Yadav	2025-26	[Signature]
138	Urvashi Rajput	2025-26	[Signature]
139	Priya Mishra	2025-26	[Signature]
140	Patel Archi	2025-26	[Signature]
141	Subhi Rai	2025-26	[Signature]



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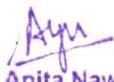
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REPORT ON

WORLD MENTAL HEALTH WEEK

Organized by
DEPARTMENT OF MENTAL HEALTH NURSING
SSCN, VAPI &
COUNCELLING CELL-SPARSH

DATE:07/10/2025-11/10/2025


Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI

SIGNATURE OF INCHARGE PRINCIPAL



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SANDRA SHROFF COLLEGE OF NURSING, VAPI

**DEPARTMENT OF MENTAL HEALTH NURSING &
COUNSELLING CELL-SPARSH
ORGANIZES**

WORLD MENTAL HEALTH WEEK 2025

THEME:

**“Access to services —
Mental Health in Catastrophes and Emergencies”**

PROGRAM SCHEDULE

DATE & TIME	ACTIVITY
07/10/25	Inauguration and Session on “Mental Health in catastrophes and emergencies” By Dr. Jeet Nadpara, Psychiatrist, Shantman Hospital, Vapi
08/10/25	Poster competition on “Hope and support in crisis”
09/10/25	Panel discussion on “Bridging the Gap: Challenges in Accessing Mental Health Services During Catastrophes” By 8 th Semester, 4 th Year B.Sc. Nursing students
10/10/25	Awareness Program & Role play on “Restoring Hope after a catastrophe” By 6 th Semester 3 rd Year B.Sc. Nursing students

TIME: 10 AM to 11 AM

VENUE:

**Multipurpose Hall,
SSCN, Vapi & HRH**

**Let's Normalize
Asking for Help**





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CIRCULAR

Date: 3rd October 2025

Subject: World Mental Health Week Celebration

The Department of Mental Health Nursing, SSCN, Vapi is organizing a series of awareness activities to mark **World Mental Health Week** from 07/10/2025-10/10/2025. This event serves as a reminder of the importance of mental health, open communication, and support systems in promoting emotional well-being and overall psychological resilience.

Programme Name: World Mental Health Week

Date: 07/10/2025-10/10/2025

Time: 10:00 AM to 11:00 AM

Participants: All Batches

Programme Schedule & Activities:

1. 07/10/25 Session on Mental Health in Catastrophes & Emergencies Interaction Session
2. 08/10/25 Poster Competition on Hope & Support in Crisis
3. 09/10/25 Panel Discussion on Bridging the gap: Challenges in Assessing Mental Health Services during Catastrophes
4. 10/10/25 Awareness Program & Role Play on Restoring Hope after a Catastrophes

Signature of HOD

Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI

Signature of In charge Principal



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Name of Activity organized: World Mental Health Week

Title of the Activity: World Mental Health Week

Date of the activity organized: 07/10/2025-10/10/2025

Name of the Coordinator of activity: Mrs. Divya Pancholi (Associate Professor), Mrs. Swati Mistry (Assistant Professor), Mrs. Nirali Desai (Nursing Tutor), Mrs. Anju Gavit (Nursing Tutor)

Place of the Activity: Multipurpose Hall, SSCN, Vapi & Haria L. G ROTARY Hospital

No. of participants: 148 students & Faculty Members

Name of the sponsored organization: Sandra Shroff College of Nursing, Vapi

Nature of sponsorship: Mental Health Nursing Departmental Activity & Counselling Cell - SPARSH

ACTIVITY REPORT

The Department of Mental Health Nursing and Counselling Cell–SPARSH of Sandra Shroff College of Nursing, Vapi, organized a series of enlightening and interactive activities to commemorate World Mental Health Week 2025 on the theme “Access to Services — Mental Health in Catastrophes and Emergencies.” The celebration commenced on 7th October 2025 with an inaugural session and expert talk on “Mental Health in Catastrophes and Emergencies” by Dr. Jeet Nadpara, Psychiatrist, Shantman Hospital, Vapi. The session enhanced participants’ understanding of psychological resilience and coping strategies during crises. On 8th October 2025, a poster competition on “Hope and Support in Crisis” was conducted, allowing students to creatively express the significance of empathy, awareness, and timely intervention in promoting mental well-being.

On 9th October 2025, 8th semester (4th-year B.Sc. Nursing) students presented a panel discussion on “Bridging the Gap: Challenges in Accessing Mental Health Services During Catastrophes.” The discussion provided insightful perspectives on barriers to mental health services and innovative strategies for improving accessibility during emergencies. The week concluded on 10th October 2025 with an awareness program and role play presented by 6th semester (3rd-year B.Sc. Nursing) students on “Restoring Hope After a Catastrophe.” The performance highlighted the vital role of nurses in delivering psychological first aid and community-based mental health support following disasters.

The week-long observance successfully promoted awareness, compassion, and advocacy for mental health accessibility, emphasizing the importance of normalizing help-seeking behavior and fostering a supportive environment for those in emotional distress.


Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI



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Vapi, Gujarat, India
Gunjan, Vapi GIDC, Vapi, Gujarat 396195, India
Lat 20.381649, Long 72.922159
10/07/2025 11:23 AM GMT+05:30
Note : Captured by GPS Map Camera



Vapi, Gujarat, India
Gunjan, Vapi GIDC, Vapi, Gujarat 396195, India
Lat 20.381649, Long 72.922159
10/07/2025 11:31 AM GMT+05:30
Note : Captured by GPS Map Camera



Vapi, Gujarat, India
Gunjan, Vapi GIDC, Vapi, Gujarat 396195, India
Lat 20.381788, Long 72.922431
10/09/2025 11:25 AM GMT+05:30
Note : Captured by GPS Map Camera



Vapi, Gujarat, India
Gunjan, Vapi GIDC, Vapi, Gujarat 396195, India
Lat 20.381317, Long 72.921218
10/10/2025 10:48 AM GMT+05:30
Note : Captured by GPS Map Camera



Vapi, Gujarat, India
Gunjan, Vapi GIDC, Vapi, Gujarat 396195, India
Lat 20.381809, Long 72.922553
10/08/2025 04:17 PM GMT+05:30
Note : Captured by GPS Map Camera

Anita
Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI



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PARTICIPANTS ATTENDANCE SHEET

Event: World Mental Health Week

Date: 07/10/2025 (Inauguration and Session on "Mental health in Catastrophes and Emergencies")

SR.NO	NAME OF PARTICIPANTS	BATCH	SIGNATURE
1	Sonal Sanjay	8th Sem	[Signature]
2	Alex Kamra	8th Sem	[Signature]
3	Krishna Balada	8th Sem	[Signature]
4	Ankit Bhoje	8th Sem	[Signature]
5	Akasha Chaudhavi	8th Sem	[Signature]
6	Kirya Chaudhavi	8th Sem	[Signature]
7	Anita Chauhan	8th Sem	[Signature]
8	Sonal Chaudhavi	8th Sem	[Signature]
9	Kantika Deshmukh	8th Sem	[Signature]
10	Diya Gadhil	8th Sem	[Signature]
11	Dixita Haryani	8th Sem	[Signature]
12	Mehekhuani Jadav	8th Sem	[Signature]
13	Jyoti Jajrubi	8th Sem	[Signature]
14	Ayushi Kotawia	8th Sem	[Signature]
15	Avni Khirani	8th Sem	[Signature]
16	Arunshi Mahapatra	8th Sem	[Signature]
17	Pooja Maisuriya	8th Sem	[Signature]
18	Siddhi Malaviya	8th Sem	[Signature]
19	Anjali Mehta	8th Sem	[Signature]
20	Arunima Mishra	8th Sem	[Signature]
21	Charan Padhe	8th Sem	[Signature]
22	Dixita Padavi	8th Sem	[Signature]
23	Bhupendra Patanya	8th Sem	[Signature]
24	Ayushi Patel	8th Sem	[Signature]
25	Dhruvi Patel	8th Sem	[Signature]
26	Farhan Patel	8th Sem	[Signature]
27	Harvi Patel	8th Sem	[Signature]
28	Hemangini Patel	8th Sem	[Signature]
29	Isha Patel	8th Sem	[Signature]
30	Kanani Patel	8th Sem	[Signature]
31	Kharushi Patel	8th Sem	[Signature]
32	Khushi Patel P	8th Sem	[Signature]
33	Khushi Patel S	8th Sem	[Signature]
34	Khyati Patel	8th Sem	[Signature]
35	Nidhi Patel M	8th Sem	[Signature]
36	Nivai Patel S	8th Sem	[Signature]
37	Nitva Patil	8th Sem	[Signature]
38	Kallanvi Patel	8th Sem	[Signature]
39	Pankaj Patel	8th Sem	[Signature]
40	Pritya Patil	8th Sem	[Signature]



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SR.NO	NAME OF PARTICIPANTS	YEAR	SIGNATURE
41	Patel. Tisha G.	5 th sem B.Sc.	[Signature]
42	Patel vishal D.	5 th sem B.Sc.	[Signature]
43	Patel Paiti	5 th sem B.Sc.	[Signature]
44	Patel Saloni	5 th sem B.Sc.	[Signature]
45	Patel Pravin	5 th sem B.Sc.	[Signature]
46	Patel Archana	5 th sem B.Sc.	[Signature]
47	Patel Nishi	5 th sem B.Sc.	[Signature]
48	Patel Nagushi	5 th sem B.Sc.	[Signature]
49	Patel Nidhi	5 th sem B.Sc.	[Signature]
50	Patel Anami	5 th sem B.Sc.	[Signature]
51	Patel Khushi	5 th sem B.Sc.	[Signature]
52	Patel Vanti	5 th sem B.Sc.	[Signature]
53	Gomvi Tainkal	5 th sem B.Sc.	[Signature]
54	Patel Tisha M.	5 th sem B.Sc.	[Signature]
55	Patel Harshita K.	5 th sem B.Sc.	[Signature]
56	Leel Sunshvati M.	5 th sem B.Sc.	[Signature]
57	Patel Krishna R.	5 th sem B.Sc.	[Signature]
58	Patel Kusmi R	5 th sem B.Sc.	[Signature]
59	Patel MAHEK M.	5 th sem B.Sc.	[Signature]
60	Tharut Rikita H.	5 th sem B.Sc.	[Signature]
61	Nayika DAVANGINI P.	5 th sem B.Sc.	[Signature]
62	Sithay Pinky	5 th sem B.Sc.	[Signature]
63	Ram Sneha	5 th sem B.Sc.	[Signature]
64	Naukya Sneha	5 th sem B.Sc.	[Signature]
65	Yashvi Patel	5 th sem B.Sc.	[Signature]
66	Hir Tandel	5 th sem B.Sc.	[Signature]
67	Priyanshi Patel	5 th sem B.Sc.	[Signature]
68	MAXI Tandel	5 th sem B.Sc.	[Signature]
69	Amrutha Vinod	5 th sem B.Sc.	[Signature]
70	Alphy Elizabeth Matthew	5 th sem B.Sc.	[Signature]
71	Sania Therners	5 th sem B.Sc.	[Signature]
72	ESTHER PAUL	5 th sem B.Sc.	[Signature]
73	Patel Tisha	5 th sem B.Sc.	[Signature]
74	Uma Koli	5 th sem B.Sc.	[Signature]
75	Megha Suryavanshi	5 th sem B.Sc.	[Signature]
76	Shivani Vihwakarma	5 th sem B.Sc.	[Signature]
77	Komal Sharma	5 th sem B.Sc.	[Signature]
78	Pooja Chaudhary	5 th sem B.Sc.	[Signature]
79	Simran Dabhal	5 th sem B.Sc.	[Signature]
80	Kheerud Diya R.	5 th sem B.Sc.	[Signature]
81	Neha Yadav	5 th sem B.Sc.	[Signature]
82	Gurju Yadav	5 th sem B.Sc.	[Signature]
83	Varsha Patel	5 th sem B.Sc.	[Signature]
84	Asiti Yadav	5 th sem B.Sc.	[Signature]
85	Patel Prince	5 th sem B.Sc.	[Signature]
86	Patel Jit	5 th sem B.Sc.	[Signature]
87	Patel Rujahik	5 th sem B.Sc.	[Signature]



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SR.NO	NAME OF PARTICIPANTS	YEAR	SIGNATURE
88	Priyanshu Patel	8th Sem	[Signature]
89	Vihvi Patel	8th sem	[Signature]
90	Vrutti Patel P	8th sem	[Signature]
91	Vrutti Patel R	8th sem	[Signature]
92	Zankhna Patel	8th sem	[Signature]
93	Krupali Prajapati	8th sem	[Signature]
94	Dimple Prasad	8th sem	[Signature]
95	Aditi Rathod	8th sem	[Signature]
96	Anjum Swami	8th sem	[Signature]
97	Aarti Thorat	8th sem	[Signature]
98	Akanksha Yadav	8th sem	[Signature]
99	Ankita Yadav	8th sem	[Signature]
100	Yadav susring	8th sem	[Signature]
101	Jimi Patel	8th sem	[Signature]
102	Arti Patel	8th sem	[Signature]
103	Aniket Kumar	8th sem	[Signature]
104	Sujit verma	8th sem	[Signature]
105	Abhishek Kumar	8th sem	[Signature]
106	Jaswant Chaudhey	8th sem	[Signature]
107	Dubey Riya	8th sem	[Signature]
108	Patel Diya	8th sem	[Signature]
109	yadav puja	8th sem	[Signature]
110	manashvi Abhoda	8th sem	[Signature]
111	Sushma Gupta	8th sem	[Signature]
112	Vijita Vijain	8th sem	[Signature]
113	Patel Harshita	8th sem	[Signature]
114	Shatma Shilpi	8th sem	[Signature]
115	Mishra jiya	8th sem	[Signature]
116	Ahli Juhavvi A	8th sem	[Signature]
117	Harpati kavita S	8th sem	[Signature]
118	Patel Urushi A	8th sem	[Signature]
119	Patel Shruti D.	8th sem	[Signature]
120	Patel Karina S.	8th sem	[Signature]
121	Patel Henry R.	8th sem	[Signature]
122	Patel Ayushi V.	8th sem	[Signature]
123	Chauhan Roshni	8th sem	[Signature]
124	Parmer Grenial	8th sem	[Signature]
125	Sneha Bhoya	8th sem	[Signature]
126	Dhruvi Rupxeni	8th sem	[Signature]
127	Sneha yadav	8th sem	[Signature]
128	Bansani Patel	8th sem	[Signature]
129	Patel Sharayu	8th sem	[Signature]
130	Patel Vansi	8th sem	[Signature]
131	Patel Megha	8th sem	[Signature]
132	Tandel Pramod	8th sem	[Signature]
133	Mitani Patel	8th sem	[Signature]

Dr. Anita Nawale
VC, Principal
S.S.C.N. VAPI



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PARTICIPANTS ATTENDANCE SHEET

Event: World Mental Health Week

te:09/10/2025 (Pannel Discussion on "Bridging the Gap: Challenges in Accessing Mental Health Services During Catastrophes")

R.NO	NAME OF PARTICIPANTS	BATCH	SIGNATURE
1	Gupta Sushma	6 th sem	
2	Sharma Shilpi	6 th sem	
3	Abhade Manashwari	6 th sem	
4	Yadav Puja	6 th sem	
5	Patel Haakshita	6 th sem	
6	Patel Diya	6 th sem	
7	Dubey Riya	6 th sem	
8	Vijita Vijain	6 th sem	
9	Mishra Jiya	6 th sem	
10	Aleena Jashon	6 th sem	
11	Aleena Baby	6 th sem	
12	Annamaya Sufi	6 th sem	
13	Agarwal Bipp	6 th sem	
14	Abdullah Siddiqui	6 th sem	
15	Tamde Prit	6 th sem	
16	Patel Hersh	11	
17	Patel Kumari	11	
18	Patel Donal	11	
19	Patel Ashish	11	
20	Gopal madhav	11	
21	Abhishek Jaitkumar	11	
22	Yadav Sneha	11	
23	Dhevi Rupasari	11	
24	Garima Vishwakarma	11	
25	Angel Vasava	6 th Sem	
26	Krishna Sasi	6 th Sem	
27	Sakshi Kushwaha	6 th Sem	
28	Krishna Patel	6 th Sem	
29	Patel Anurika	6 th Sem	
30	Patel Kajant	6 th Sem	
31	Shreesh Roshni	6 th Sem	
32	Chandana Gangeet	6 th Sem	
33	Henry Patel	6 th Sem	
34	Aashvi Chandan	6 th Sem	
35	Aarushi V. Patel	6 th Sem	
36	Patel Shaeyu J.	6 th Sem	



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2

SR.NO	NAME OF PARTICIPANTS	BATCH	SIGNATURE
37	patel vansi	3 rd (sem-5)	[Signature]
38	patel megha	5 ^{sem-5}	[Signature]
39	patel shobha	5 ^{sem-5}	[Signature]
40	Tandel Purnima	5 ^{sem-5}	[Signature]
41	Arushi Patel	(sem-6)	[Signature]
42	Henry Patel	sem-6	[Signature]
43	poorni Chaudhan	sem-6	[Signature]
44	Raksha Singh	sem-6	[Signature]
45	Pooja Rajbhat	sem-6	[Signature]
46	Rishi Singh	sem-6	[Signature]
47	Shubhi Kumari	sem-6	[Signature]
48	Meena yadav	sem-6	[Signature]
49	mitali Patel	sem-6	[Signature]
50	Priyanshi Padavi	sem 6 th	[Signature]
51	patel kamini	sem 6 th	[Signature]
52	patel shruti	sem 6 th	[Signature]
53	Ahiv Jahaniben A.	sem 6 th	[Signature]
54	Patel Jyashvi A.	sem 6 th	[Signature]
55	Sneha Bhoya	sem 6 th	[Signature]
56	Bansai Patel	sem 6 th	[Signature]
57	Harsh Dave	sem 6 th	[Signature]
58	Ashish Jais	sem 6 th	[Signature]
59	Rand Patil	sem 6 th	[Signature]



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SANDRA SHROFF COLLEGE OF NURSING

Recognized by INC, GNC & affiliated to Veer Narmad South Gujarat University-Surat
Plot No. 334, 335, 336 & 338, Near Haria L.G. Rotary Hospital Campus, GIDC, Vapi - 396195. Gujarat, India
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PARTICIPANTS ATTENDANCE SHEET

Event: World Mental Health Week

Date: 10/10/2025 (Role play on "Restoring Hope after Catastrophe")

SR.NO	NAME OF PARTICIPANTS	DESIGNATION	SIGNATURE
1.	Mishka Tiya	3 rd year BSC-6 th sem	
2.	Gupta Sushma	3 rd yr BSC-6 th sem	
3.	Parman Priti	3 rd yr BSC-6 th sem	
4.	Kushwaha Sakshi	3 rd yr BSC-6 th sem	
5.	Padni Priyanshi	3 rd yr BSC-6 th sem	
6.	Agnes Biji Madathil	3 rd yr BSC-6 th sem	
7.	Parman Genial	3 rd yr BSC-6 th sem	
8.	Halpati Kavita	3 rd yr BSC-6 th sem	
9.	Madhav Gopal	3 rd yr BSC-6 th sem	
10.	Chakrad Abishai	3 rd yr BSC-6 th sem	
11.	Nirmala Ben	Patient	
12.	Shantlal Bhai	Patient	
13.	Nonalal Jain	Patient	
14.	Nalgi	Patient	
15.	Bipin Patel	Patient	
16.	Anni Patel	Patient	
17.	Artik Patel	Patient	
18.	Prigna Kumar	Patient	
19.	Uddes Gupta	Patient	
20.	Satyam Patil	Patient	

Dr. Anita Nawale
I/C. Principal
S.S.C.N. VAPI